

Report on powerlifting



In a powerlifting competition organized by Goa University, five students showcased their strength and skill. Among them, Bhaskar Gain emerged as a standout performer, clinching the gold medal in the 83 kg category. His exceptional display of power and technique earned him the top spot, reflecting his dedication and training. The event not only provided a platform for students to exhibit their prowess but also promoted fitness and sportsmanship within the university community. Congratulations to Bhaskar Gain and all participants for their remarkable efforts in representing their institution with pride and excellence.